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point of view.
Bullying ['bul-
Insulting with
aggressive be
intimidating

Bullying/Harassment

Bullying is a pervasive social issue that involves repeated aggressive behavior, often with the intent to harm, intimidate, or exert control over another person. This harmful behavior can take various forms, including verbal, physical, social, and cyberbullying. Bullying can have serious and long-lasting effects on both victims and perpetrators. Victims often suffer from emotional distress, low self-esteem, and, in severe cases, physical harm. Perpetrators may face disciplinary consequences and may continue a cycle of aggression. Bullying occurs in various settings, but it is particularly prevalent in schools, where children and adolescents may be vulnerable to peer pressure and social hierarchies. Addressing bullying requires a multifaceted approach involving education, awareness, prevention programs, and support for both victims and those who engage in bullying behavior.

Bullying Statistics

- 90% of students in grades 4-8 report having been harassed or bullied.
- 28% of students in grades 6-12 experience bullying.
- 20% of students in grades 9-12 experience bullying.
- In grades 6-12, 9% of students have experienced cyberbullying.
- Over 160,000 kids refused to go to school each day for fear of being bullied.
- 70% of students have witnessed bullying in their school.

Bullying Prevention involves a collective effort from schools, parents, communities, and individuals. Effective strategies include raising awareness through open conversations and educational programs, establishing clear anti-bullying policies, encouraging reporting, providing support to victims, teaching conflict resolution, promoting inclusivity, involving parents, monitoring online activity, implementing consistent consequences, fostering leadership and empathy, engaging the community, continuous evaluation, and leading by example. It's crucial to maintain a culture of respect and empathy to reduce and prevent bullying.

**For support, call our
24/7 Crisis Line
(252) 473-3366**

We can provide information on:

- Crisis Intervention
- Domestic and Sexual Violence
- Human Trafficking
- Survivor Services
- Advocacy
- Safety Planning
- Support Groups
- Program Presentations



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